



Bed Bugs

Who hasn't heard the old adage, "sleep tight, don't let the bed bugs bite." Bed bugs do exist and the Puget Sound Region has seen more than 200% growth in reports of bed bug sightings over the past decade. Bed bugs require human blood to survive and reproduce. The staff at Fikes are all trained in resolving bed bug issues.

Bed Bugs on the increase-

- One reason bed bugs have increased so rapidly is the mobility of society
- Bed bugs are often found hiding during the day in cracks and crevices in furniture, mattress seams, bed frames, box springs, behind baseboards, behind headboards and other cracks and crevices
- 90 % or more of all bed bugs are found within 5 feet of the bed

Bed Bugs are very transient-

- Bed bugs readily move from household to household
- Adult bed bugs can live 10 months or more, depending on conditions, and can survive several months without feeding
- Removal of the blood feast (you) will cause bed bugs to move to other rooms in search of food



- Bed Bugs are reddish brown, wingless, oval shaped, paper thin bugs and generally 1/16th inch as immature nymphs and 1/4 inch as mature adults
- They have piercing mouthparts to painlessly puncture human skin and withdraw blood without being noticed
- To detect bed bugs, it can be difficult, but their presence can be determined by a thorough inspection
- Bed Bugs lay 1 to 5 eggs per day, and up to 500 per mated female

Control Measures –

1. Bed bug control begins with a thorough inspection. Inspections are best completed visually, by Fikes trained staff.
2. From the findings of the inspection a written recommendation is provided to establish clear expectations for everyone involved and a successful management plan.
3. A meeting between the customer and the technical advisor should take place to review the findings and recommendations in step two and agreement reached for a control and maintenance program.
4. Once a control program is agreed upon, the implementation of control measures follow the four levels of control;
 - ✓ Access denial and exclusion to control bed bug movement
 - ✓ Habitat and harborage modification, making the location undesirable
 - ✓ Physical and mechanical modifications to keep them out, placing monitors to continue evaluating the location
 - ✓ Limited material application

For more information, please call Fikes Pest Control at (800) 900-1083